



Welcome to the *Morning Edition* of **Women's Bible Study** A Ministry of Autumn Ridge Church

Wednesday, October 28, 2009

Today's lecture by Jann Wright from 2 Samuel 6 is titled:

What's In The Heart: A Heart of Worship

As a courtesy to others, please turn off your cell phone as you enter Bible study.

Dear Friends,

I've continued to ponder the difference between regret (wishing the past could be changed) and sorrow (grieving loss in a way that trusts God to bring good out of the situation), after our study last week on *A Heart of Sorrow and Regret*. Although I talked about how to avoid regret in our relationships, it occurred to me that I should have addressed the question of what we do when we ALREADY regret the past. That is what the cross of Christ is for, my friends – regret is one of those emotions that we have to lay at the feet of the cross, asking Christ to heal us from the wounds and mistakes of our past. Paul writes, "He forgave us all our sins, having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross." (Colossians 2:13-14). I am so thankful for that clean slate.

This week Jann teaches about *A Heart of Worship*, which is a very timely passage with which to wrap up Autumn Ridge's six week emphasis on the subject of worship. As we look at David's desire to worship God in the way that God wants us to worship him, I pray that we, too, might be attentive to God's glory.

Your friend,

Gretchen Steer

PLEASE NOTE

- ❖ **Missions Events:** Over the next 10 days there are events scheduled for you to hear various missionaries and/or have a meal with them. Come learn about geocaching on Nov. 4th. Geocaching is a high-tech treasure hunting game played throughout the world by adventure seekers equipped with GPS devices. As part of the missions festival Find Your Location 2009 we will be hiding some geocaches for you to find. Geocaches will contain some fun prizes along with clues to a final puzzle. If you solve the final puzzle, you will receive a reward from our Director of World Missions, Becky Wiens. Also look for a chance to sign up to serve following the services on Nov. 7-8. Find more info in Ridgelines or contact Becky at the email address above or call the church at 288-8880.
- ❖ **Saturday, Nov. 7, 5:30-8:30 pm**, at the Rochester Athletic Club a benefit for Bethany Monson, 6 month old daughter of Kady and Karl Monson, to help cover medical bills for heart surgery. Bethany was born with a congenital heart defect. Kady attends Robin Kaufmann and Sandy Stensland's group. For more information, or if you'd like to contribute to a travel basket for the silent auction, contact Robin at rzkaufmann@gmail.com. Please remember to pray for Bethany's recovery.
- ❖ **Thursday Evening, November 12, 7-8:30PM:** The ARC women's ministry team will be hosting "**The Power of God, An Evening for Women.**" Myrna Holmes will be teaching on the power of God and how it can become a reality in our lives. Musical entertainment, dessert, and a time for reconnecting with new or old friends is all included in the low cost of \$5. Invite a friend and register online at www.autumnridgechurch.org/women or questions may be directed to women@autumnridgechurch.org.
- ❖ **Saturday, November 14, 9 AM - 1 PM: Arise, Cry Out** a worldwide event by Moms in Touch will take place at two locations in Rochester – Rochester Assembly of God Church or Salem Road Covenant Church. Registration available at www.MomsinTouch.org – to celebrate 25 years of praying for children and schools
- ❖ **Inclement Weather Policy:** If the Rochester Public Schools are canceled or start late on any Wednesday, WBS AM AND PM are both cancelled for that day. Check the website for updates or contact us at wbs@autumnridgechurch.org if you have any questions.



Women's Bible Study Weekly Outline

What's In The Heart: A Heart of Worship

2 Samuel 6

Jann Wright

Relationship and Reverence

Worldly Words and Attitudes

Timeless Principles of Worship

The Commandments

The Christ

The Cross

Thoughts on Worship

by Tara Maier

Evening Worship Leader

If worship is telling God's story, what is God's story? God the Father, God the Son, and God the Holy Spirit take part in four scenes: The Garden of Eden, the Desert, the Garden of Gethsemane, and the Eternal Garden.

The Garden of Eden shows us how God loved us and desired a relationship with us. The Desert is where our relationship with God is broken due to evil (our decision to not obey God's command). But this isn't the end, "For just as through the disobedience of the one man the many were made sinner, so also through the obedience of the one man the many will be made righteous." (Rom. 5:19) There is help since God chose to restore our relationship with Him. He's the only One that can prepare us to be part of the final scene that takes place in the Eternal Garden where God will restore His people in order to live with Him! Are we part of this story? When we are, then we can truly be His worshippers! "Once we have recovered God's Good News, the great and incredible news that He is the one who by His own two hands- the incarnate Word and the Holy Spirit-has recovered the garden, then, knowing this cosmic content, we can enter into the fullness of worship again." (Webber, Ancient-Future Worship)

All of our weekly materials: Announcements/outline page, discussion/study questions, and printed lecture notes are available on our website listed below. If you have questions during the week please contact Michelle Johnson, ARC Women's ministry Assistant and WBS Administrative Assistant, 288.8880 or at marthatoo@hotmail.com or e-mail us at: wbs@autumnridgechurch.org

Women's Bible Study is a ministry of AUTUMN RIDGE CHURCH

3611 Salem Road SW, Rochester, MN 55902 Phone 288-8880

Website: <http://autumnridgechurch.org/adult/women/womens-bible-study.html>