



The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Living one day at a time,
enjoying one moment at a time;
accepting hardship as a pathway to peace;
taking, as Jesus did, this sinful world as it is,
not as I would have it;
trusting that You will make all things right if I
surrender to Your will;
so that I may be reasonably happy in this life
and supremely happy with you
forever in the next.

AMEN

Reinhold Niebuhr

More Celebrate Recovery's
in the area:

Monday Nights, 7pm
Seventh Day Baptist Church
203 East Main Street
Dodge Center, MN 55927
(507) 374-6755
-OR-
(507) 374-9047



For more information contact:
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www.celebraterecovery.com



*Celebrate
Recovery*



—A ministry of—

Autumn Ridge Church

3611 Salem Road SW • Rochester MN • 55902

Celebrate Recovery is a biblical support and recovery program which addresses a variety of hurts, habits and hang-ups such as: chemical dependency, codependency, adult children of alcoholic behaviors, anger, abuse, eating disorders, financial management, negative thinking, depression and other problems. This program uses a 12-step program based on the Beatitudes.

The Road to Recovery

Realize I'm not God; I admit I am powerless to control my tendency to do the wrong thing and my life is unmanageable. "Happy are those who know they are spiritually poor." Matthew 5:3

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. "Happy are those that mourn, for they shall be comforted." Matthew 5:4

Consciously choose to commit all my life and will to Christ's care and control. "Happy are the meek." Matthew 5:5

Openly examine and confess my faults to God, to myself, and to another person whom I trust. "Happy are the pure in heart." Matthew 5:8

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. "Happy are those whose greatest desire is to do what God requires." Matthew 5:6

Evaluate all my relationships; offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, without expecting any reward. "Happy are the merciful; happy are the peacemakers." Matthew 5:9

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and gain the power to do it.

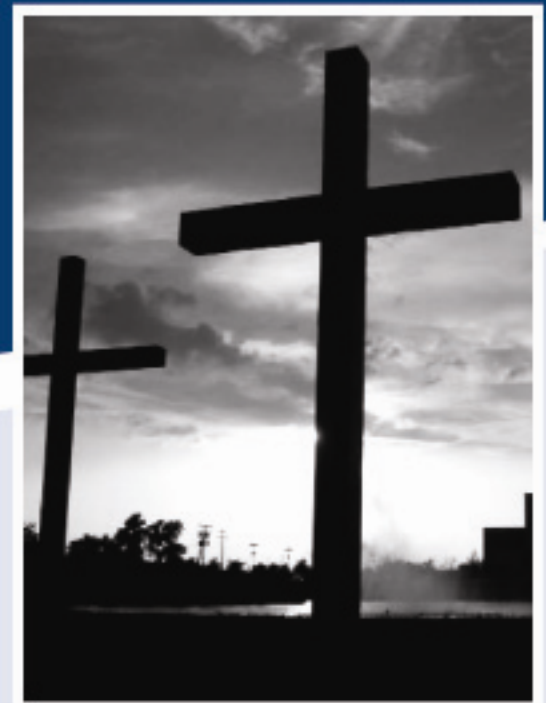
Yield myself to be used by God to bring this Good News to others, both by my example and by my words. "Happy are those who are persecuted because they do what God requires." Matthew 5:10

Things We Are

- A safe place to share
- A refuge
- A place of belonging
- A place to care for others and be cared for
- Where respect is given to each member
- Where confidentiality is highly regarded
- A place to learn
- A place to demonstrate genuine love
- A place to grow and become strong again
- A place for progress
- Where you can take off your mask and allow others to know who you are
- A place for healthy challenges and healthy risks
- A possible turning point in your life

Things We Are Not

- A place for selfish control
- Therapy
- A place for secrets
- A place to look for dating relationships
- A place to rescue or be rescued by others
- A place for perfection
- A long-term commitment
- A place to judge others
- A quick fix



"A safe place to discuss real life issues without fear of being judged or condemned."

7:00 pm Large Group Meeting

This is a time of worship and praise along with a talk on a recovery theme or an individual sharing their story.

8:00 pm Small Group Meeting

This is the time to get together in small, gender specific groups to share and listen with others of similar hurts, habits and hang-ups.

9:00 pm Solid Rock Café

Please come by for a beverage and a snack. A great time to get one-on-one with others from your group, or just unwind, relax and have some good conversation and fun.